



Dedicated to  
**Rebuilding  
Lives**

Fiscal Year 2021  
(OCTOBER 2020 - SEPTEMBER 2021)

**REHAB**  
FOUNDATION



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REHAB's stroke rehabilitation program helps individuals like Peter (right) regain their independence after a stroke.



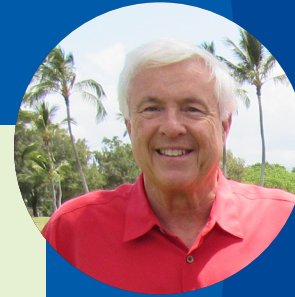
## A Message from REHAB President and CEO

Aloha and thank you for your ongoing support of REHAB. As Hawaii's only provider of hospital-level rehabilitation, we are proud to continue our mission of rebuilding lives together with our patients, families and community through our exceptional programs and services. The past two years have been challenging, but, as the pandemic took center stage in 2020, REHAB remained open and continued to serve our patients. With your support, we served over 5,500 individuals in need of our care during our fiscal year 2021 (October 2020 through September 2021).

Through the expertise, dedication and hard work of our team, REHAB continues to perform the important work that our patients and their families need. We are so grateful that you are part of our REHAB ohana and look forward to continued partnerships and collaboration as we move into a bright future.

Thank you for your commitment and for joining us on the journey ahead.

**Stephanie Nadolny, MHA, FACHE**  
President & Chief Executive Officer (CEO)



## A Message from Board Chair

As we continued to navigate another year of challenges brought on during the COVID-19 pandemic, I feel both gratitude and pride. I am grateful for your continued and unwavering support for the REHAB Hospital of the Pacific. I am also proud of the work that has continued to happen here at REHAB. Although the pandemic paused many ordinary things, the need for REHAB did not stop. And because of that, REHAB did not stop. Our staff continued to serve our mission of rebuilding lives. Your support helped ensure our patients and staff were properly protected while getting back to what makes our life enjoyable! Mahalo for being a big part of the REHAB family!

**Michael W. Perry**  
Chairman of the Board



## A Message from REHAB CDO

Mahalo for the incredible impact your support creates! In this report, we share our services and programs through our patients' experiences. Because of your loyal support, we continue to offer the highest level of care at our Hospital and outpatient clinics, while also driving rehabilitation research and education forward for our patients of tomorrow. You will meet one of our inspirational patients whose life was changed through her hard work toward recovery. We briefly update you on our signature events reemerging during the pandemic. And we highlight a few special people, like you, who are and forever will be a part of our REHAB ohana!

**Lori Suan**  
Chief Development Officer (CDO)



## Patient Highlight Jackie Meggs

**When Jackie Meggs celebrated her 30th birthday, she looked around the room at her loved ones and was overcome with emotion.** Earlier that year, they almost lost her in a horrible accident. In the days, weeks, and months that followed, they supported Jackie through the hardest year of her life.



Jackie is a Big Island resident, high school math teacher, and traumatic brain injury (TBI) survivor. In January 2021, Jackie went on a solo hike and fell, about 30 feet, down the side of a switchback. Jackie nearly lost her life from the fall and suffered from severe injuries. Bystanders called for help and she was rushed to Oahu where she received emergency care and underwent multiple surgeries. When Jackie arrived as an inpatient at REHAB Hospital of the Pacific, she couldn't move more than half of her body.

In REHAB's traumatic brain injury rehabilitation program, Jackie had a path forward with a full schedule of intensive daily therapy, which included physical, occupational, and

speech therapy. She experienced many recovery breakthroughs during her 6 week long stay at REHAB, including regaining use of her left hand, relearning how to write, and walking again for the first time. At times it was hard to stay positive, but Jackie says the staff supported her recovery with "an incredible amount of gentle patience."

However, Jackie's journey through recovery didn't end when she was discharged from REHAB Hospital, she needed to continue her therapy through REHAB's outpatient services. Despite the huge challenges she had already overcome during her inpatient stay, Jackie still had difficulty changing directions while walking and struggled trying to multitask—even talking while walking was a feat.

Both inpatient and outpatient REHAB played important roles in

Jackie's overall recovery journey. Jackie explains the importance of each, saying, "Inpatient got me to a level where I was a normal functioning human in society and I could do daily tasks. Outpatient got me to a level where I was actually confident going back to work."

Jackie worked hard for her recovery. Today, she is able to walk, swim, and run nearly two miles. She is back to teaching and says her students have been her biggest cheerleaders. When Jackie first returned to teaching, she chose lemon decor as her classroom theme. It's a symbol of the outlook that helped her through the tough times. "A positive mindset is truly a force to be reckoned with," she says. "I now believe that when life gives you lemons, you must make lemonade."

## REHAB's Outpatient Clinics

REHAB has three outpatient rehabilitation clinics. Located in Nuuanu, Hilo, and Aiea, these clinics provide rehabilitation services to patients who are already independent enough to live at home, but want to improve their mobility and quality of life.

### REHAB at Nuuanu

226 North Kuakini Street  
Honolulu, Hawaii 96817



### REHAB at Hilo

76 Puuhonu Place  
Hilo, Hawaii 96720



### REHAB at Aiea

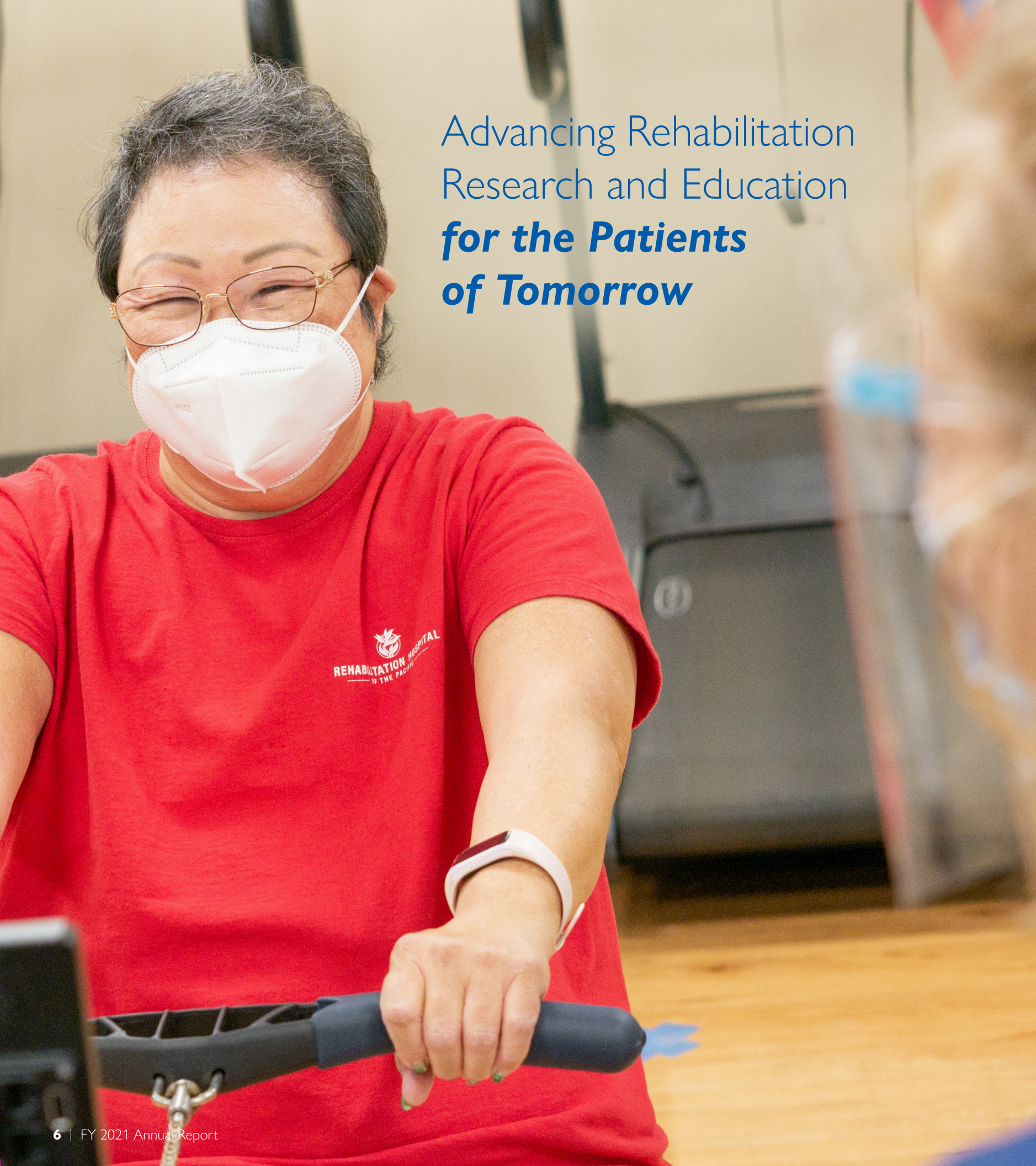
Pearlridge Center - Pearlridge Downtown  
98-1005 Moanalua Road, Suite 425  
Aiea, Hawaii 96701



Located onsite with our Hospital and Outpatient Rehabilitation Clinic in Nuuanu, REHAB also offers patients access to our Outpatient Physicians Clinic, which provides the convenience of a single location for our patients' appointments.

### REHAB Physicians Clinic

226 North Kuakini Street  
Honolulu, HI 96817



## Advancing Rehabilitation Research and Education *for the Patients of Tomorrow*

### **iCare Cancer Exercise Rehabilitation Study**

“The common assumption is once you are cancer free, your life goes back to normal. But cancer treatments can take a significant toll on day-to-day life...” says REHAB iCare participant, Lynn Taguma, who knows this well. Lynn recalls, “I was scared and frustrated because I could not walk very far and was easily fatigued.”

Lynn was determined to regain her health and joined REHAB’s iCare program, a program available to adults that have been diagnosed and treated for any type of cancer. As a result, Lynn progressed from having trouble walking down a hallway to walking around a city block.

***“Not only did iCare help in my recovery, but it gave me the opportunity to make an impact too.”***

iCare patients like Lynn make important contributions to advancing rehabilitation education and cancer research here in Hawaii. The iCare Program is a collaborative study between REHAB and the University of Hawaii. Working together with the UH Kinesiology and Rehabilitation Science Department, REHAB studies how cancer rehabilitation exercise diminishes the toxic and long-term effects associated with cancer therapies.

Lynn takes pride in her role in advancing cancer research. She says, “As an iCare participant, the results from my time at REHAB will go towards helping other cancer survivors with their own recovery journeys. That thought touches my heart knowing that it took research and volunteers who came before me, to create the treatments that made my recovery possible.”

### **REHAB Preceptorship Program**

Lynn’s participation in iCare research isn’t her only contribution to future patients. During her iCare sessions, she partnered with students in training to become healthcare professionals. By providing therapy for patients like Lynn, students apply the hands-on skills they’ve learned in the classroom. These aspiring healthcare professionals are a part of REHAB’s Preceptorship Program.

REHAB’s Preceptorship Program helps address the critical shortage of healthcare workers across Hawaii. The Preceptorship Program offers students from our partnering universities and colleges an experiential pipeline for healthcare professions ranging from Registered Nurses to Speech Therapists. Special mahalo to The Mamoru and Aiko Takitani Foundation, Inc., who has provided support for this program over the last several years.

REHAB’s iCare is part of this program with the goal of expanding the number of Certified Clinical Cancer Specialists on Oahu.

(OCTOBER 2020 - SEPTEMBER 2021)

# Special Events Highlight Fiscal Year 2021

For the first time in 23 years, our Annual Joy of Food and Wine event debuted as a virtual event on October 9, 2020. The event featured Chef Jeremy Shigekane, who provided a five-star in-home dining experience, accompanied by top shelf wines hand selected by Warren Shon of Southern Glazer's Wine & Spirits. Mahalo to our Event Chair, Dr. Laurie Tom, her event committee, our title sponsors Clyde & Holly Kaneshiro and Stanford & Kathy Carr, and all of our gracious supporters who joined us virtually!



On July 1, 2021, eager golfers returned to Hawaii Prince Golf Club for our 27th Annual First Hawaiian Bank - REHAB Golf Challenge! Despite being a smaller event due to pandemic precautions, our Golf Co-Chairs Neill Char and Mark Teruya, along with their Golf Committee, raised over \$100,000 in support of REHAB Hospital! Mahalo to all of our loyal signature event supporters!

## Remembering REHAB's Founding Mother

Sally McDermott, 1934-2022

One of REHAB's founders, the only woman among our founders, Sally McDermott, leaves behind a vibrant legacy here at REHAB. Serving across many roles, including Chair for both Hospital and Foundation Boards, and championing several fundamental REHAB programs over the years, Sally helped to lay many of the cornerstones that make REHAB Hospital of the Pacific the incredibly impactful place it is today.

Her dedication to volunteerism led her to establish the REHAB Volunteer Program, through which she connected the community to our mission and helped to show the true impact volunteers can have. Always looking to improve the experience of our patients, Sally also created the Gift Cart, eventually to become REHAB's Gift Shop. REHAB will be forever grateful for Sally McDermott, our Founding Mother's legacy and impact.



(OCTOBER 2020 - SEPTEMBER 2021)

# The Impact of Your Gifts Fiscal Year 2021

Fiscal Year 2021 Total Contributions: **\$1,446,853.94**

**\$925,109.50**

Unrestricted Funds

**\$521,744.44**

Restricted Funds

## Who We Serve



39%

Complicated  
Orthopedic



27%

Stroke



13%

Spinal Cord  
Injury



7%

Traumatic  
Brain Injury



3%

Other  
Neurologic



2%

Amputation



9%

Other  
Disorders

**5,505** Total Lives Impacted

1,551 patients admitted to REHAB Hospital

3,954 patients received care at REHAB's Physicians Clinic and 3 Outpatient Clinics



**91.1%** of inpatients were discharged to their home or community

Fiscal Year 2021 Support for Critical Impact Funds: **\$510,948**

**Care Fund**  
55.9%

Caring for those  
with few resources

**Growth Fund**  
16.3%

Healing spaces  
and technology

**Heroes Fund**  
14.2%

Supporting our  
healthcare heroes

**Sharing Fund**  
10.0%

Helping our  
community thrive

**Renewal Fund**  
3.6%

Healing the spirit  
and body

(OCTOBER 2020 - SEPTEMBER 2021)

# Special Thank You to Our FY2021 Donors!

Mahalo to our many generous donors who choose to remain anonymous—your contributions are very greatly appreciated.

## ORGANIZATIONS

### \$500K+

The Clarence T.C. Ching Foundation

### \$100K+

Kosasa Foundation  
Maurice & Joanna Sullivan Family Foundation

### \$50K+

Atherton Family Foundation  
K. J. Luke Foundation

### \$25K+

Albert T. & Wallace T. Teruya Foundation  
First Hawaiian Bank Foundation

### \$10K+

Diagnostic Laboratory Services, Inc.  
Edwin & Margaret Lee Foundation  
First Hawaiian Bank  
Gates Family Foundation  
Joyce & Alan Tomonari Charitable Fund  
Mamoru and Aiko Takitani Foundation, Inc.  
Nan Chul Shin Foundation  
Shidler Family Foundation  
The James and Juanita Wo Foundation  
The Pettus Foundation

### \$1K+

ao  
Alexander & Baldwin  
Armstrong Foundation  
Armstrong Produce, Ltd.  
Atlas Insurance Agency, Inc.

Castiglione A Casauria Foundation  
City Mill Company, Ltd./ Chung Kun Ai Foundation  
Commercial Roofing & Waterproofing Hawaii, Inc.  
DNB Associates LLC  
East Pacific Investment Co., Inc.  
Edward Enterprises, Inc.  
Electricians, Inc.  
Finance Factors Foundation  
First Insurance Company of Hawaii Charitable Foundation  
Frank F. Woodford & Katharine L. Woodford Memorial Trust  
Fred and Linda Levine Charitable Foundation  
Friends of Hawaii Charities, Inc.  
Gentry Homes, Ltd.  
Grace & Richard Okita Foundation  
Halepuna Waikiki by Halekulani  
Hawaii Medical Service Association  
Hawaiian Telcom, Inc.  
HC&D, LLC  
Highmark Investments  
Hung Wo & Elizabeth Lau Ching Foundation  
IBEW Local Union 1186  
IBM Corporation - Matching Grants Program  
iHeartMedia Honolulu  
ILWU Local 142  
J. Kadowaki, Inc.  
Jhamandas Watumull Fund  
KAI Hawaii, Inc.  
Kawakami Family Fund  
Koga Engineering/Construction, Inc.  
Kyo-ya Hotels & Resorts, LP

Landscape Hawaii, Inc.  
LRY Resources LLC  
Margaret Zane Bruhn Designated Fund  
Matson Navigation Company  
Mitsunaga Construction, Inc.  
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Paradise Beverages, Inc.  
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Southern Glazer's Wine and Spirits of Hawaii, LLC  
Stan's Contracting, Inc.  
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The Edwin S. N. Wong Foundation  
The Omidyar Group  
The Queen's Health Systems  
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WTC Consulting LLC  
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### \$250+

Advanced Prosthetics & Orthotics of the Pacific  
Big Island Candies  
Commercial Sheetmetal Co., Inc.  
Dole Food Co. Hawaii  
First Insurance Company of Hawaii, Ltd.  
Foodland Super Market, Ltd.

Hansen Distribution  
Island Insurance Co., Ltd.  
Jamba Juice Hawaii  
Larry & Beatrice Ching Foundation  
Latte Consulting, LLC  
Mauna Kea Beach Hotel  
McDonald's Restaurants of Hawaii, Inc.  
MMM Insurance Services, Inc.  
Murphy's Bar & Grill  
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Pacific Cost Engineering, LLC  
Ruth's Chris Steak House  
Simon Leadership Group  
Sky River Management, LLC  
Sodexo Healthcare  
The Boeing Company Gift Match Program  
The Harry and Jeanette Weinberg Foundation, Inc.  
The Kahala Hotel & Resort

### \$10K+

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# REHAB FOUNDATION

Rehabilitation Hospital of the Pacific Foundation  
226 North Kuakini Street • Honolulu, Hawaii 96817



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## REHAB's Mission

REHAB rebuilds lives together with individuals, families and communities by providing exemplary patient care services for those with physical and cognitive disabilities in Hawaii and the Pacific, utilizing a continuum of rehabilitation services that are advanced through education, technology and research.

## About REHAB Foundation

The Rehabilitation Hospital of the Pacific Foundation was established in 1984 solely to support the Rehabilitation Hospital of the Pacific, its programs and patients. Gifts from the community allow the REHAB Foundation to enrich and enhance the rehabilitation experience for patients. Funding provides vital support for medical equipment purchases, scholarships, patient care programs and capital improvement projects all with one goal in mind: to maximize each patient's recovery.



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